



My DOG Checklist

Pet: _____

Please check all that apply to your dog:

Date: _____

Owner: _____

Life style Questions

- We Travel with our pets
- We live in an area with parks , trails near canals, golf courses
- We take our pet camping and hiking in the mountains.
- We see wildlife in areas we live
- Our kids are active with our pets.
- We board our pets when we travel.
- Our Pet has problems with motion sickness when he rides in the car
- We have a busy lifestyle at home remembering to give meds to our pets can be difficult.

Body Functions

- My dog has bad breath and red or swollen gums.
- My dog has difficulty chewing.
- My dog's eating habits have changed.
- My dog has gained / lost weight. (circle one)
- My dog is drinking more water than usual.
- My dog is urinating more frequently than usual.
- My dog's house-training habits have changed and he/she sometimes has accidents.
- My dog's bowel habits have changed (increased frequency, diarrhea, constipation, straining). (circle all that apply)
- My dog vomits more than occasionally.
- My dog seems to have trouble seeing or hearing.

Heart / Lungs

- My dog seems healthy
- My dog seems to be panting more.
- My dog tires more rapidly or seems short of breath.

Activity / Orthopedics

- I have noticed a change in my dog's behavior or activity level.
- My dog lags behind on walks.
- My dog has difficulty climbing stairs and jumping.
- My dog limps, especially after exercise.
- My dog show signs of pain.

Skin and Coat

- My dog scratches, licks, and chews excessively.
- My dog has changes in hair coat, skin, or new lumps or bumps.
- My dog's skin has an odor.

What foods and treats are you currently feeding your dog?

How often? _____

Do you have any specific questions or concerns about your dog?

Circle Your Dog's Age in Human Years

| AGE | dog's age in human years | | | |
|-----|--------------------------|-----------|-----------|---------|
| | 0-20 lbs | 20-50 lbs | 50-90 lbs | >90 lbs |
| 1 | 7 | 7 | 8 | 9 |
| 2 | 13 | 14 | 16 | 18 |
| 3 | 20 | 21 | 24 | 26 |
| 4 | 26 | 27 | 31 | 34 |
| 5 | 33 | 34 | 38 | 41 |
| 6 | 40 | 42 | 45 | 49 |
| 7 | 44 | 47 | 50 | 56 |
| 8 | 48 | 51 | 55 | 64 |
| 9 | 52 | 56 | 61 | 71 |
| 10 | 56 | 60 | 66 | 78 |
| 11 | 60 | 65 | 72 | 86 |
| 12 | 64 | 69 | 77 | 93 |
| 13 | 68 | 74 | 82 | 101 |
| 14 | 72 | 78 | 88 | 108 |
| 15 | 76 | 83 | 93 | 115 |
| 16 | 80 | 87 | 99 | 123 |
| 17 | 84 | 92 | 104 | 131 |
| 18 | 88 | 96 | 109 | 139 |
| 19 | 92 | 101 | 115 | |
| 20 | 96 | 105 | 120 | |
| 21 | 100 | 109 | 126 | |
| 22 | 104 | 113 | 130 | |
| 23 | 108 | 117 | | |
| 24 | 112 | 120 | | |
| 25 | 116 | 124 | | |

